

## **INDUSTRY MENTORSHIP: MENTEE GOAL-SETTING WORKSHEET**

**Mentee Name:**

**Mentor Name:**

**Date:**

### **Step 1: Brainstorming Your Aspirations**

Before setting specific targets, reflect on what you want to achieve during your mentorship:

- What are some skills you want to improve (e.g., public speaking, Portfolio development, storytelling)?
- What practical steps do you want to take towards your future (e.g., CV, interview prep, site visit experience)?

### **Step 2: Defining Your 3 Core Goals (SMART Framework)**

Try to make sure each goal is:

- Specific (Clear and defined)
- Measurable (How will you know it's done?)
- Achievable (Realistic for your current level)
- Relevant (Helps your career or educational journey)
- Time-bound (Has a target completion date)

### **Step 3: Please complete the worksheet below**



**Goal One:**

**Goal Statement:**

**Action Steps:**

- 1.
- 2.

**Target Deadline:**

**How Mentor Can Help:**

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**Goal Two:**

**Goal Statement:**

**Action Steps:**

- 1.
- 2.

**Target Deadline:**

**How Mentor Can Help:**

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**Goal Three:**

**Goal Statement:**

**Action Steps:**

- 1.
- 2.

**Target Deadline:**

**How Mentor Can Help:**



#### **Goal Four:**

##### **Goal Statement:**

##### **Action Steps:**

- 1.
- 2.

##### **Target Deadline:**

##### **How Mentor Can Help:**

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#### **Goal Five:**

##### **Goal Statement:**

##### **Action Steps:**

- 1.
- 2.

##### **Target Deadline:**

##### **How Mentor Can Help:**

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#### **Goal Six:**

##### **Goal Statement:**

##### **Action Steps:**

- 1.
- 2.

##### **Target Deadline:**

##### **How Mentor Can Help:**